

KIDCO Express

February, 2019

ACTIVITIES

February 2

- **Groundhog Day Science Activity:** Each classroom will create a hibernation habitat for the different species of animals that hibernate

February 12

- 3:00pm – **Multicultural & Black History/Workshop/Activity** – KIDCO II and KIDCO VII

February 13 and February 14

- KIDCO II HS/EHS Monitoring



February 14

- **Valentine's Day** – Friendship picnic in the playground (outside time) Teachers will connect with "My Plate Concept"
- 3:00pm – **Multicultural & Black History/Workshop/Activity** – KIDCO IV and KIDCO V

February 15

- 3:00pm – **Multicultural & Black History/Workshop/Activity** – KIDCO VI



February 18

- **President's Day Observance – ALL CENTERS CLOSED**

February 19

- KIDCO IV HS Monitoring

February 20

- KIDCO V HS Monitoring

February 21

- 12:00pm - **Policy Committee Meeting** – KIDCO V
- KIDCO VII - HS Monitoring

February 22

- **Celebration of African American Print Art** – Using tools, body and fingers, children will create different types of print to be displayed in the Black History Celebration Wall

February 26

- KIDCO VI – HS Monitoring

February 27

- KIDCO VI – EHS Monitoring

February 28

- 8:45am - Black History Parade at all Centers

NOTE

Family First Training "Incredible Years" Every Tuesday during the month of February at KIDCO V from 4:00pm to 6:00pm

PARENTS' CORNER

THINGS DADS CAN DO FOR THEIR CHILDREN

Almost every father wonder "How can I be a part of my child's life?" It's not difficult because whether your child is a toddler, preschooler or teenager, the smallest things can make the biggest differences.

1. **Give them a daily hug packaged with an "I love you."** From infancy to adolescence, every child needs to feel special and expressing these feelings to your child will give him or her a boost of confidence they will take with them through life.
2. **Ask about and listen to their feelings with genuine interest.** Take time to talk with your children every day and show them that they truly matter to you.
3. **Enthusiastically attend their school, sports and events.** Children will take so much more pride and attention to their achievements when they see that they mean so much to you.
4. **Model how to treat others, especially their mother.** Remember that you are the first and most formative role model for your children to learn how men and women treat one another.
5. **Make them feel like the best and most unique child in the world.** Children who hear praise and appreciation from their earliest years, develop a positive sense of self that influences their future relationships with others and make them more likely to be successful.

Remember, you can have a starring role in your child's happiest memories. Your active presence in their lives can give them the confidence to overcome their challenges now and in the future.

EVENTS

Miami Children Museum – 3rd Friday of each month

Miami History Museum – 2nd Saturday of each month

FREE ADMISSION

NUTRITION

"SPARKLING FRIENDSHIP POTION"

Healthy Alternative to soda!

Ingredients:

- 1 Orange quartered and thinly sliced, seeds removed
- 1 Cup of strawberries thinly sliced
- 2 Cups cranberry-raspberry juice
- 2 Cups club soda

Directions:

- Place the fruits slice in a pitcher, and then pour in the juice and the soda.
- Serve 4 ounces to each child.



FEBRUARY'S BIRTHDAYS

Rosanna Hernández	February 1
Silvia La Villa	February 8
Kenia Reyes	February 20
Marisela Pérez	February 21
Yanet de La Fuente	February 23
Ana Ivis Colina	February 25



KIDCO Creative Learning Inc (305) 576-6990